

explore our

DIVERSE DISTRICTS

With multiple beautiful beaches and eclectic districts, each with its own distinct personality, Virginia Beach is so much more than your run-of-the-mill beach town. Every corner of our coastal city offers unique ways to live the life, whether on the ocean or on the bay, or somewhere in between.





Photo taken at North End Bag Co.

Sandbridge

Sandbridge is a relaxing and peaceful community where you can truly slow down and unwind on your vacation. Here are some of our favorite ways to live it up while we're here.



Photo taken at False Cape State Park



VACATION RENTALS:

Sandbridge is the hub of vacation rentals and condos in Virginia Beach. From quaint beach houses to ocean-side retreats, luxury condos and everything in between, Sandbridge offers a variety of stunning beach house rentals for families of all sizes. Local rental companies have everything you need from vacation specials, pet-friendly accommodations, and premium rentals for all budgets and family sizes.

KAYAKING AND STAND-UP PADDLEBOARDING:

The unencumbered beauty of the Back Bay makes it one of our favorite places to explore by water. There is no shortage of great local outfitters offering guided kayak and paddleboard tours of both Back Bay and the Atlantic Ocean. While beginners are welcome on the bay, the ocean tours, launching at Little Island Park, do require experience.

CAMPING AND HIKING:

Located in southern Sandbridge, False Cape State Park is a mile-wide barrier spit between Back Bay and the Atlantic Ocean offering primitive beachfront camping, where you can camp in near complete isolation right on the beach. With no public vehicle access, False Cape can only be reached by hiking, biking, small boats, or the park's beach transport and tram services, through the neighboring Back Bay National Wildlife Refuge.

With 15 hiking and biking trails, varying in length and ranging from easy to difficult, there are many ways to explore one of the last remaining undeveloped areas on the east coast. We'd recommend navigating the entire 15.3 miles of trails in the park, where you will experience beaches of both an ocean and a bay, dunes, maritime forests, marshes, and wooded swamps, all in one visit.

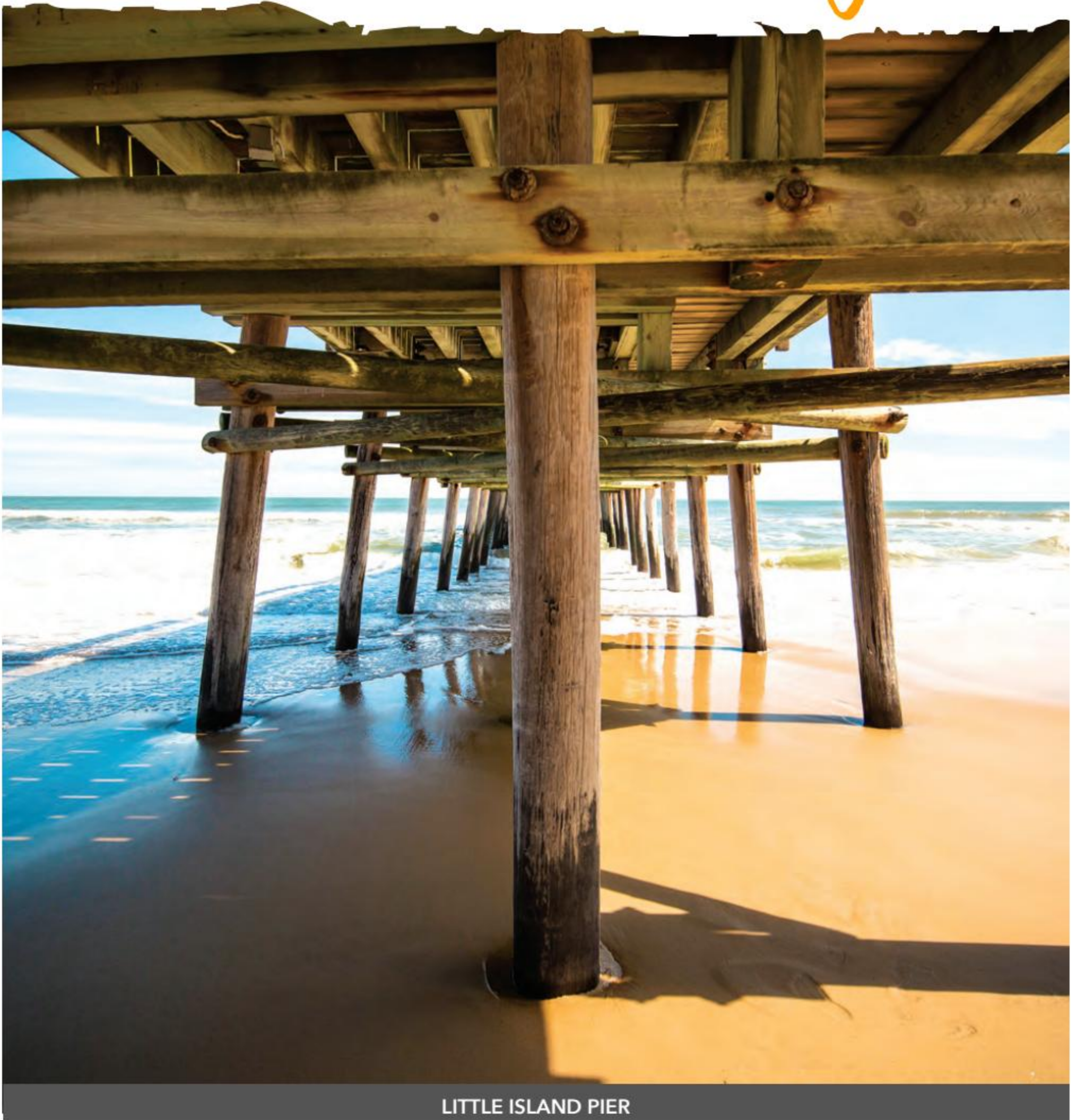
WILDLIFE VIEWING:

With 9,108 acres, the refuge is made up of barrier islands, dunes, beach woodland, freshwater marshes, maritime forests, ponds and ocean beaches, and is situated on a thin strip of coastline between the Atlantic and Back Bay. More than 300 species call the park home, offering some of the best bird-watching opportunities on the East Coast.

FAT TIRE BIKING:

If you think navigating a bike down our wide, sandy beaches sounds like an impossible feat, you have to try it out on a fat tire bike, which can be rented from one of the area's equipment outfitters. From the oceanfront to the Chesapeake Bay, there may be no better view than biking along the water's edge and the wide tires of these bikes makes riding on the wet sand as easy as riding on pavement.

TOP FIVE MOST INSTAGRAMMABLE *spots at Sandbridge*



LITTLE ISLAND PIER

Check out the top five most Instagrammable spots at Sandbridge!



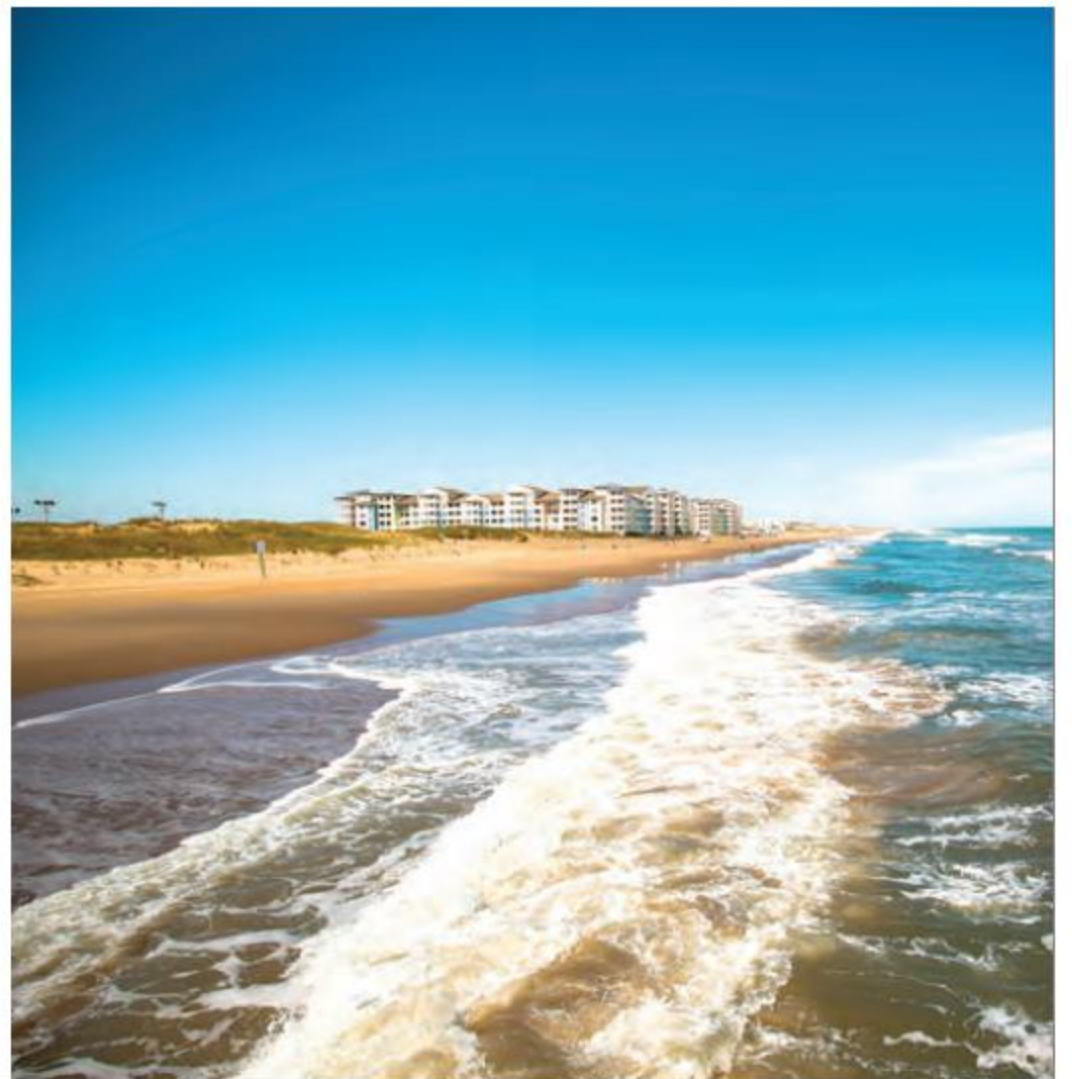
SURF & ADVENTURE CO. CANOES



FALSE CAPE STATE PARK



BACK BAY WILDLIFE REFUGE



SANDBRIDGE BEACHES

oceanfront

With its many hotels, dining and entertainment options, the Oceanfront is where the action is. Live music, street performers on Atlantic Avenue, outdoor cafes, hot dog and snow cone vendors, the popular Rudee Inlet marina area; and our famous three-mile boardwalk, perfect for rollerblading, jogging or cruising down the strip on a fat tire bike. Sunbathers come for the wide, sandy beaches; Surfers come for the waves; and Shoppers come for strolling Atlantic Avenue. And everyone comes for the unforgettable experience of a classic day at the beach.





3 Spots You Can't Miss at the Oceanfront

The Virginia Beach Oceanfront is a hub of cool drinks, good food, and live music, all within a beach cruiser's ride from our fresh, sandy beaches. From unique shops to unbeatable seafood, this place is a must on any Virginia Beach itinerary. Here are a few of our favorite spots to get you started.

ATLANTIC AVENUE

For a mix of eclectic coastal finds and great dining options, it's hard to beat Atlantic Avenue. From classic beach staples like **Sunsations**, to charming local boutique clothing and gift shops, Atlantic Avenue has a little something for everyone. For a shopper's paradise, check out local shop, **True Woman**, for great styles and reasonably-priced clothing in reasonable sizes and **Bargain Beachwear** for a huge selection of all of the beach attire you could want at a great price and finish the day with dinner at one of the endless eateries on the strip. For food and fun, you can't go wrong with **Beachside Social**, featuring indoor shuffleboard, or the open-air beachside vibes of **Ocean 27**.

RUDEE INLET

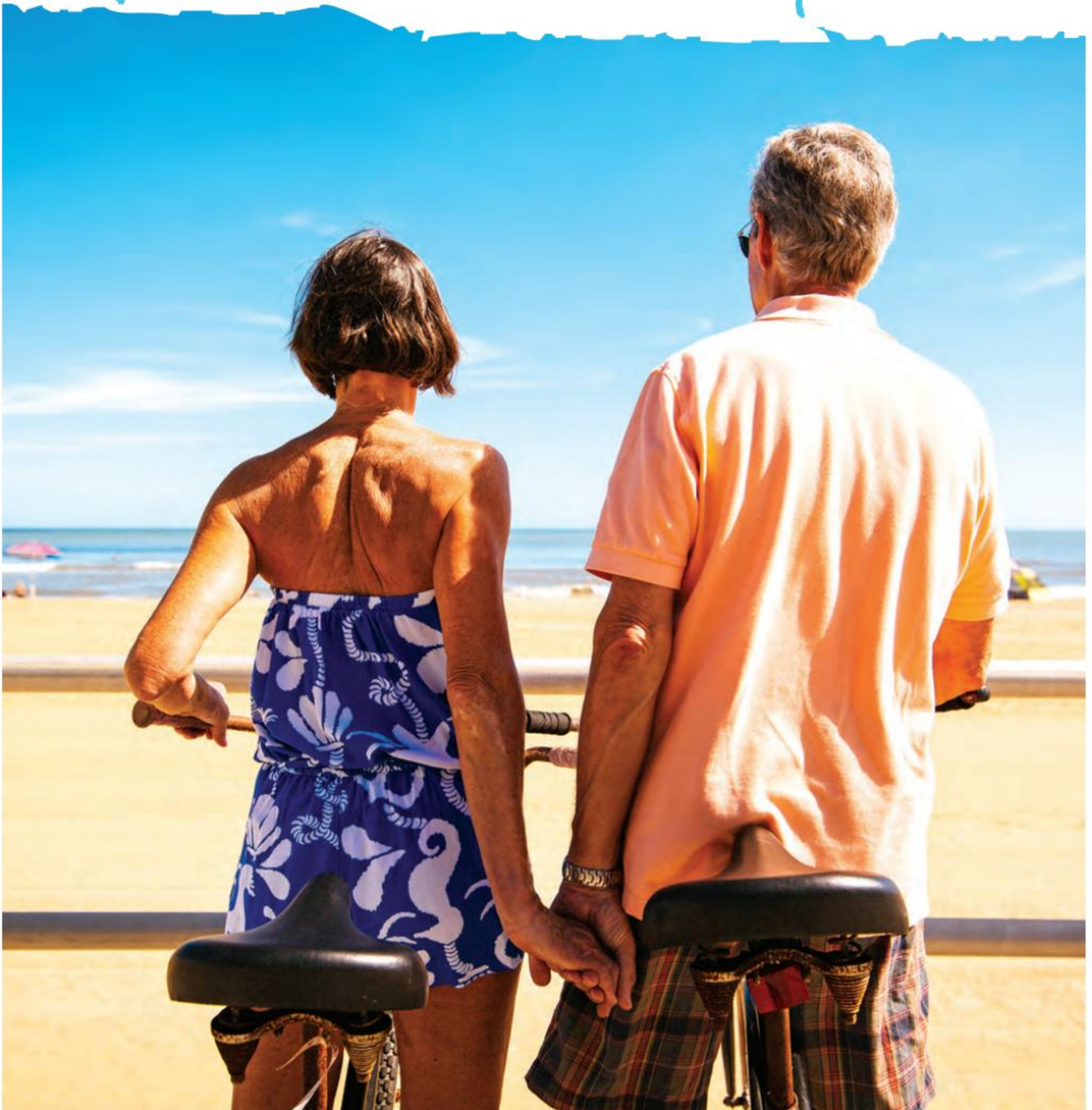
At the south end of the Oceanfront, the Rudee Inlet is the go-to spot for fishing charters, jet skiing, parasailing and waterside dining. Head out on a charter to reel in the big one, feel the wind in your face as you glide across the water on a jet ski, and catch a seagull's-eye-view of the Atlantic Ocean as you fly up in the air parasailing. To complete your seaside adventure in tasty fashion, enjoy seafood done right while overlooking the water at **Big Sam's Raw Bar**, **Rockefeller's**, or **Rudee's on the Inlet**.

VIRGINIA BEACH BOARDWALK

The Virginia Beach Boardwalk, at the Oceanfront, is a 28-foot wide marvel that stretches three miles, and features a separate bike path, ideal for strolling, rollerblading and biking. Entertainment is offered nightly during the summer months and four oceanfront stages at 7th, 17th, and 24th and 31st Streets provide live musical acts. Along the boardwalk, there's a variety of quaint outdoor restaurants and vendors offering bike and surrey rentals. Nautical sculptures adorn many of the side streets which lead to Atlantic Avenue.

Photo taken at the Oceanfront

TOP FIVE MOST INSTAGRAMMABLE *spots at the Oceanfront*



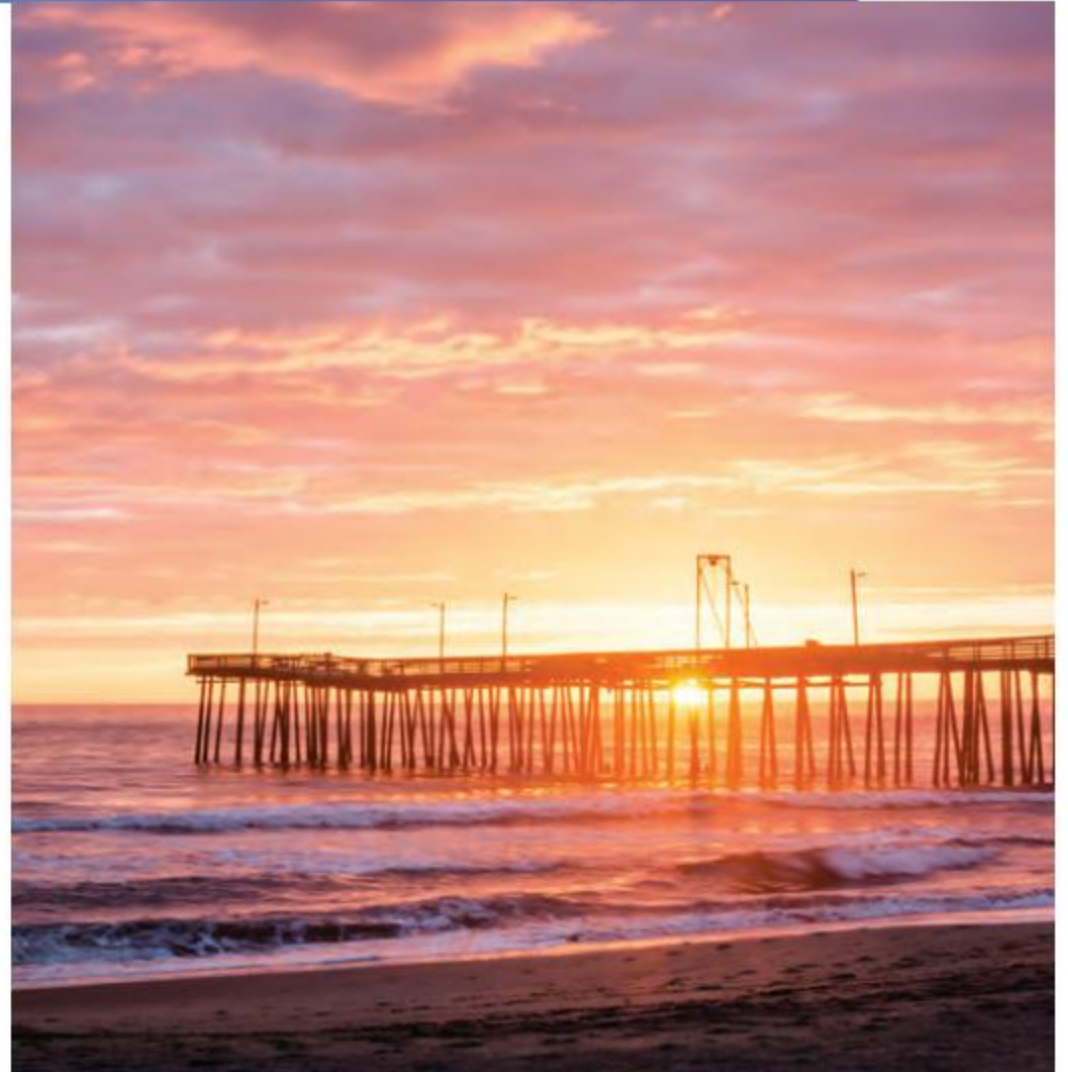
VIRGINIA BEACH BOARDWALK

Check out the top five most Instagrammable spots at the Virginia Beach Oceanfront!



Artist: Paul DiPasquale

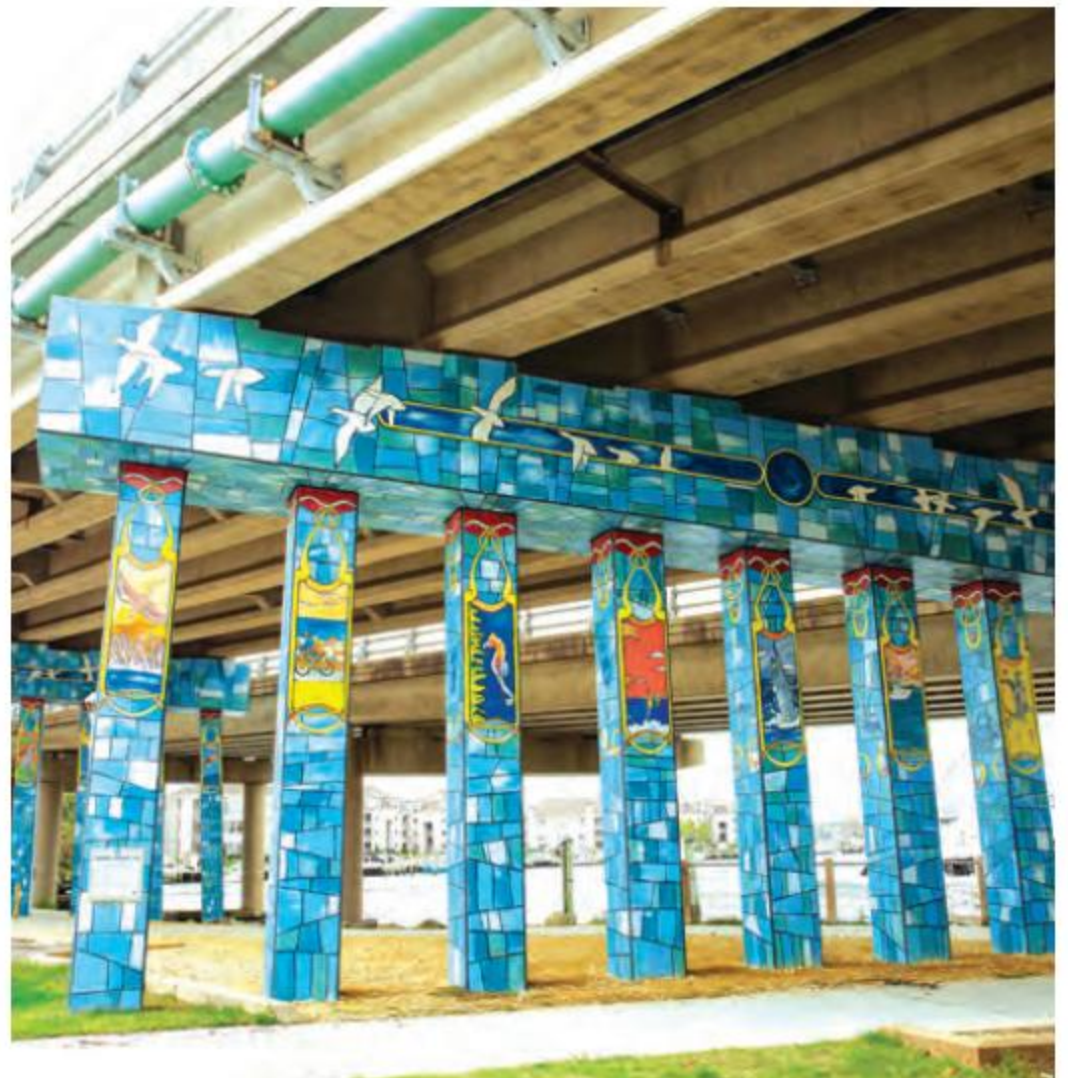
THE ICONIC KING NEPTUNE STATUE



THE VIRGINIA BEACH FISHING PIER



ATLANTIC AVENUE FUN PARK



RUDEE INLET (SEASHORE CATHEDRAL MURAL)

Chesapeake bay

For beachgoers looking for kinder, gentler waves, refuge can be found along the calm waters of the Chesapeake Bay, in the community known affectionately to locals as Chic's Beach. From swimming and building sand castles to dolphin watching and volleyball, all the traditional beach rituals are here in a setting that has a decidedly laid-back vibe. At the end of the day, nothing can beat an evening stroll along the beach as the sun sets over the renowned Chesapeake Bay Bridge Tunnel. Relaxing. Local. Quintessential Virginia Beach.



Photo taken at Cape Henry Lighthouse

A Day in the Chesapeake Bay District

10^{a.m.}

Start your day with a Honey Cinnamon Latte and the Morning Hash at **American Brew**, located just steps away from the new Lesner Bridge and Canoes art sculpture.

11^{a.m.}

Head East down Shore Drive to **First Landing State Park** for a morning hike through preserved marshland dotted with towering Bald Cypress Trees adorned with Spanish moss. Opt for the Bald Cypress Trail, a 1.5 mile hike through and around the cypress swamps.

After your hike, head across the street to Fort Story Military Base to climb the steps of the historic **Cape Henry Lighthouse** - the first Federal Construction project approved by the new government following the Revolutionary War. The climb to the top can be a doozy, but the 360° views of the Chesapeake Bay and the Atlantic Ocean are well worth it.

2^{p.m.}

Refuel with a pit stop at **Commonwealth Brewing Company**, who serves up their mouthwatering craft creations out of an old repurposed firehouse. With ample outdoor patio space, lawn games, and food trucks, this is a great place to spend an afternoon outside.

3:30^{p.m.}

Head back across the Lesner Bridge to **Tula Adventure Sports**, where you can rent kayaks and stand-up paddleboards for an afternoon spent exploring the creeks and waterways of Broad Bay, including First Landing State Park, which is only a half-mile from where you'll launch.

5:30^{p.m.}

A day of hiking and paddling your way through the Bay area can really build up an appetite. **Mermaid Winery**, the first urban winery in the state of Virginia, offers over 800 wines from around the world and a menu featuring fresh, local ingredients.

7^{p.m.}

Head down to Pleasure House Road for a walk along the Chesapeake Bay at **Chic's Beach**. After a busy day, you can't beat relaxing by the water's edge at sunset. While the sun rises over the Atlantic Ocean, the angle of the Chesapeake Bay Beach sets you up perfectly to enjoy the sun setting over the water.

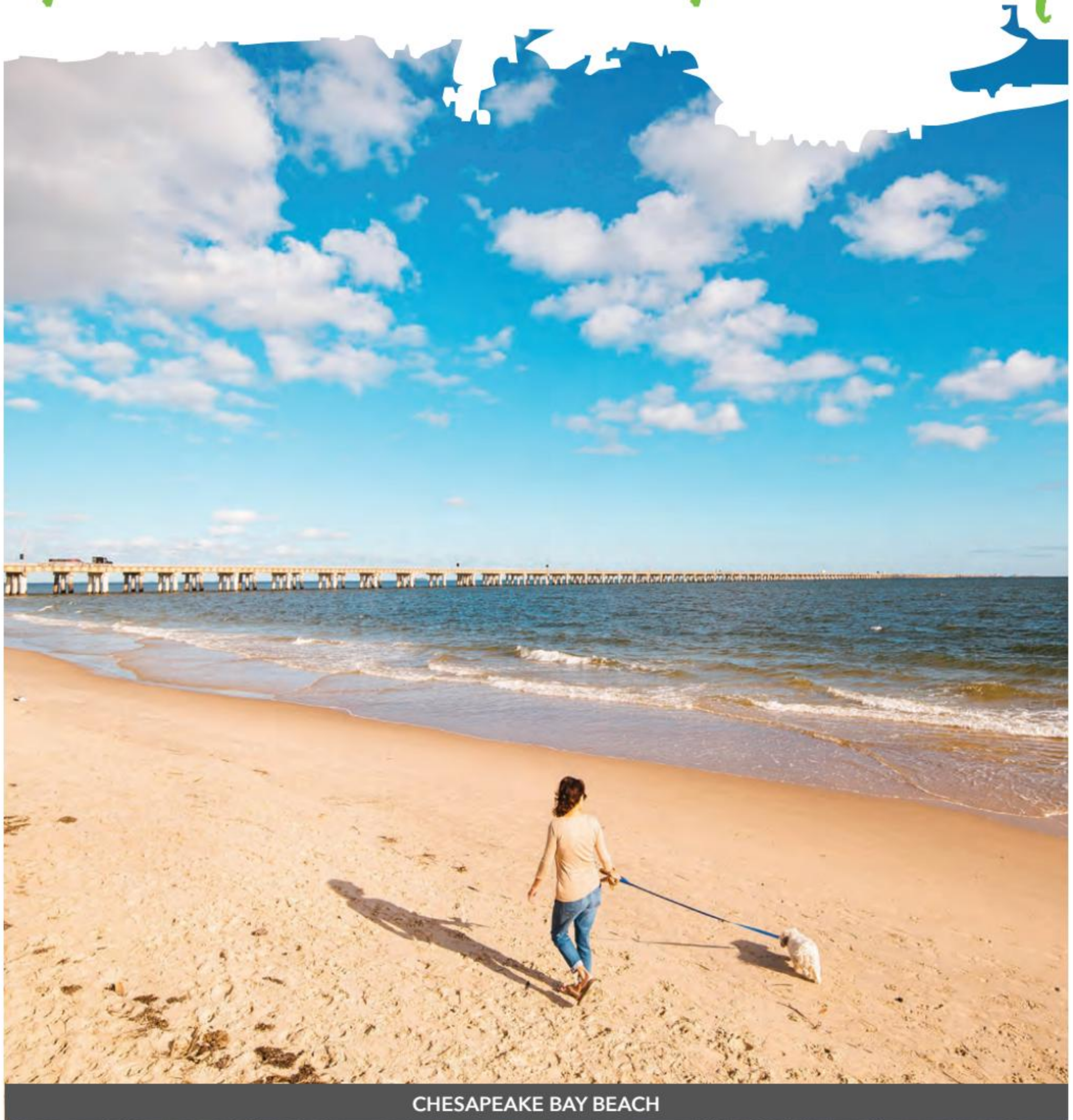
9^{p.m.}

Close the night out by catching a show at **HK on the Bay**, just a couple of blocks off the water. The small, intimate setting puts you right in the middle of the action for some of the best live music around. Enjoy some local beers on tap and dance the night away to some of our favorite local bands.



TOP FIVE MOST INSTAGRAMMABLE

spots at the Chesapeake Bay



CHESAPEAKE BAY BEACH

Check out the top five most Instagrammable spots at the Chesapeake Bay!



FIRST LANDING STATE PARK



CAPE HENRY LIGHTHOUSE



LESNER BRIDGE



FIRST LANDING STATE PARK (BEACH)

pungo

Just a few minutes outside of the windswept dunes of Sandbridge, sits 23,000 acres of farmland known to Virginia Beach locals as Pungo. A drive through this expansive agricultural community delivers a rural serenity and countryside charm that feels worlds away from the bustle of the Oceanfront. Stop along your journey at any one of the area's roadside stands or, for a truly Pungo experience, pick your own bushel of fresh berries, produce, or even a bouquet of wildflowers.



Photo taken at Henley Farms

virginia FRUIT & VEGETABLE AVAILABILITY CALENDAR



JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

JAN-APR

APPLES

JUL-DEC



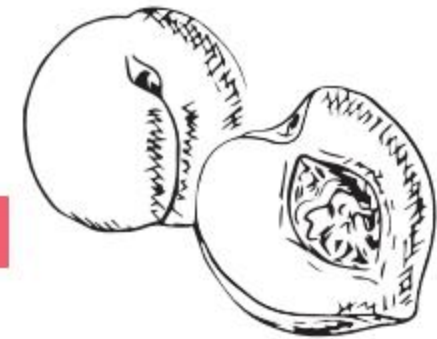
BEETS

MAY-NOV



JUN-AUG

BLACKBERRIES



PEACHES

JUL-AUG



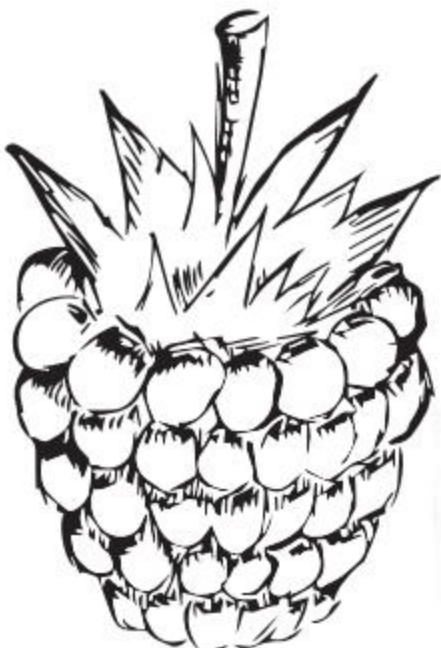
PEPPERS

JUL-NOV



PUMPKIN

SEP-OCT



RASPBERRIES

JUN-JUL

AUG-NOV



APR-JUNE

STRAWBERRIES

WATERMELON

JUL-SEP



TOP FIVE MOST INSTAGRAMMABLE

spots in Pungo



MILITARY AVIATION MUSEUM

Check out the top five most Instagrammable spots in Pungo!



STRAWBERRY PICKING



NEW EARTH FARM



PUNGO FERRY BRIDGE



MUNDEN POINT PARK

town center

At the heart of Virginia Beach, Town Center is the place to be for a night of high-end shopping, dining, and entertainment. Discover the perfect setting for a fun family day out or a romantic evening with dinner and drinks. Laugh the night away at the **Funny Bone Comedy Club and Restaurant**, or relish in live entertainment offered by the **Sandler Center of the Performing Arts** or **Zeider's American Dream Theatre**. End your day with some much-needed rest and relaxation at one of our conveniently located luxury hotels.



Local's Guide to Town Center

While nationally recognized brands will bring you in, Town Center is also home to many gems that can only be found locally. Do yourself a favor and check them out.

SHOPPING

With shops like **Eclectic Design Florist & Gift**, a must-visit for lovers of plants, there's no shortage of shopping options at Town Center.

RESTAURANTS

Start your day with a nitro brew coffee or juice and a smoothie bowl at **Town Center Cold Pressed**, whose locally-sourced menu is as tasty as it is good for you. With other delicious food options like **Saffron Indian Bistro**, **Zushi Japanese Bistro**, **Taste Unlimited**, **Quirk**, and **Keagan's Irish Pub**, you'll be eating good for many days to come.

DRINKS

While it may be a nationally-franchised restaurant, the brews pouring out of **Gordon Biersch Restaurant Brewery** are all created and brewed locally, and definitely worth a sip. While deciding which beer to try may be difficult, drinking them certainly isn't.

Twist Martini & Associates is the place to be if you're looking to end your evening with a couple of cocktails.

DESSERTS

Candy connoisseurs can find some of our favorite local confections at **The Royal Chocolate**. With their melt-in-your-mouth chocolate made right there in the shop, this place is worth a visit for the aromas alone. For a delicious dessert with a decidedly French twist, **Lamia's Crepes** offers tasty crepes made in the true French tradition, created on traditional crepe pans right before your eyes. After you finish your crepe, we recommend heading over to **Confetti Caffe & Gelato**, for a scoop of mouthwatering homemade gelato.

Don't leave Town Center without stopping by one of the newest additions, **Macaron Tart**. With all natural, made from scratch, French macarons and tarts, this woman-owned local bakery prepares small batches in-house to ensure that the quality is always high, and it shows in every bite.

ARTS & ENTERTAINMENT

Sandler Center for the Performing Arts is a masterpiece of acoustical engineering that brings acts from all over the world, including national recording artists, world-renowned symphonies and orchestras, and theatrical masterpieces.

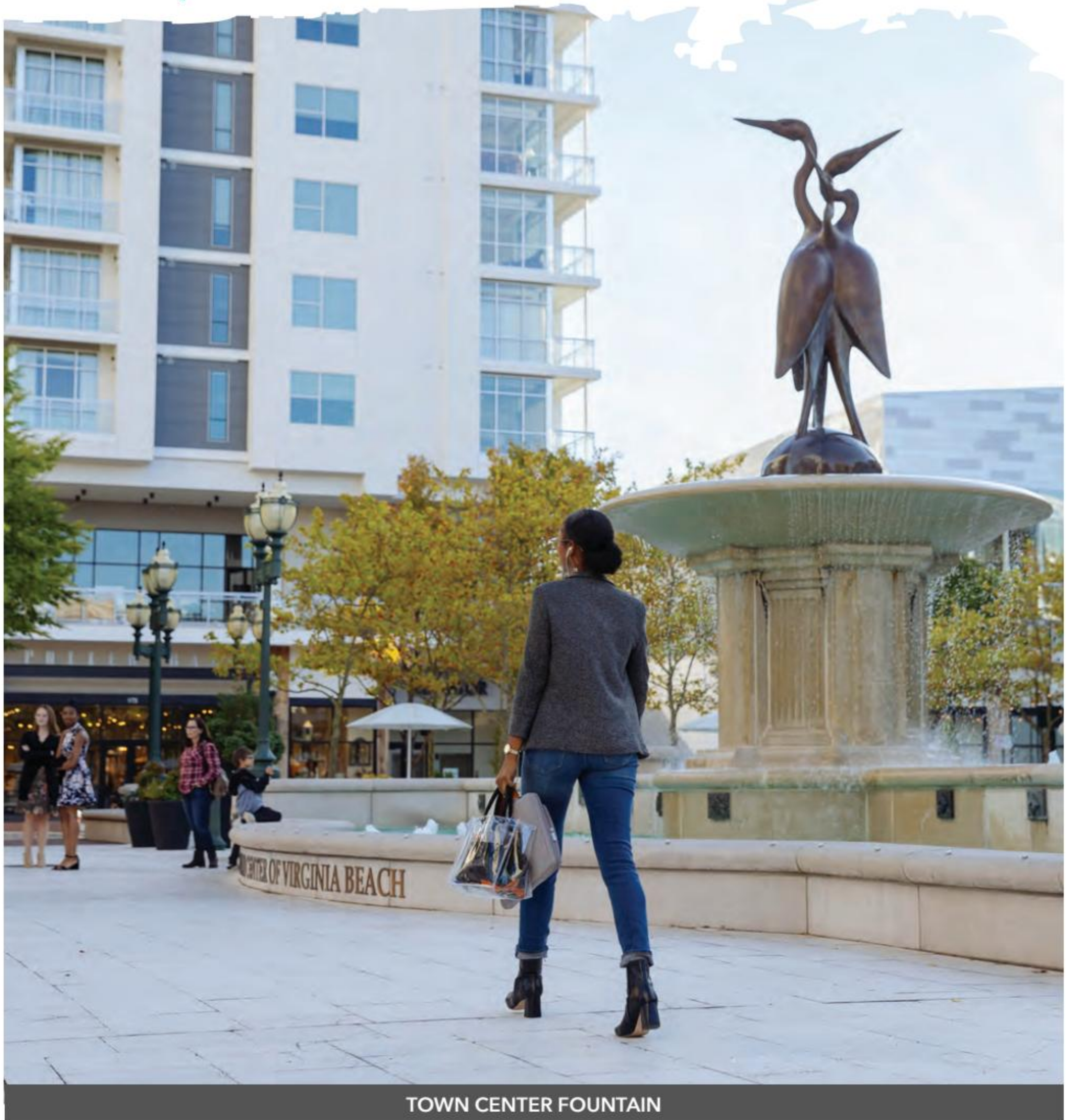
Featuring a distinctly local experience, **Zeiders American Dream Theater** is a professional nonprofit theater, with a brand new state-of-the-art theater, that gives local writers, performers, and artists the perfect platform to inspire artistic expression of all varieties and has become an integral part of the local arts community.

For fans of the visual arts, don't miss the nationally-acclaimed **Jones Art Gallery**, with original paintings from three generations of the Jones Family, featured on the covers of nine New York Times Best Sellers, including works by John Grisham and Ian McEwan, and receiving artwork credits in over 100 million books to date.



Photo taken for Ynot? Wednesday in Town Center

TOP FIVE MOST INSTAGRAMMABLE *spots at Town Center*

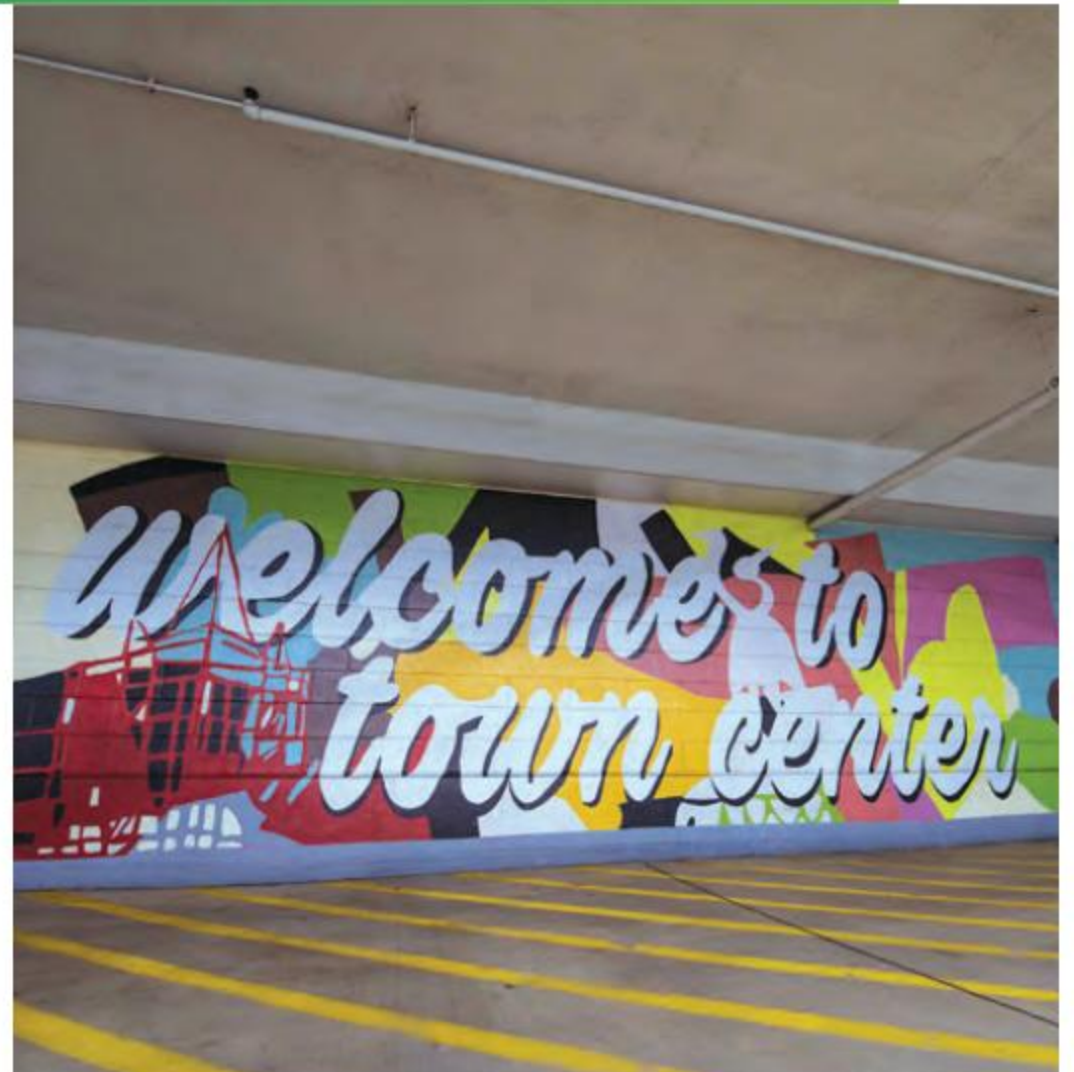


TOWN CENTER FOUNTAIN

Check out the top five most Instagrammable spots at Town Center!



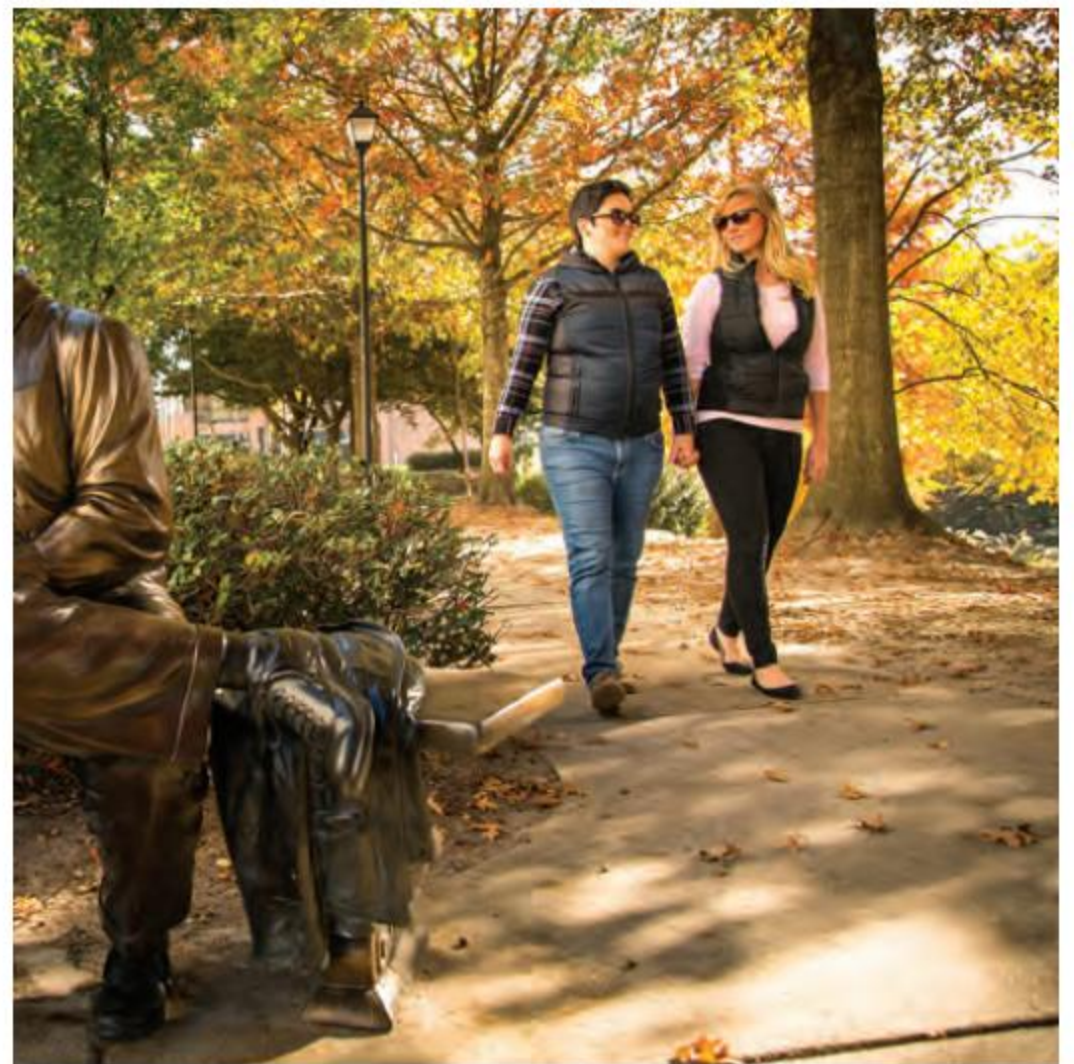
ZEIDER'S AMERICAN DREAM THEATER



TOWN CENTER GARAGE MURALS



SANDLER CENTER AUDITORIUM



TOWN CENTER'S CENTRAL PARK

inland

With a wide selection of boutiques, specialty stores, dining, breweries and entertainment, Inland Virginia Beach offers the perfect pairings to your beach vacation. Relax and unwind at the **Founder's Inn and Spa**, see what's fresh at the **Virginia Beach Farmer's Market** or **Hunt Club Farm**, or explore Va Beach by shopping your way through it with the **Shops at Hilltop** or the **Lynnhaven Mall**.

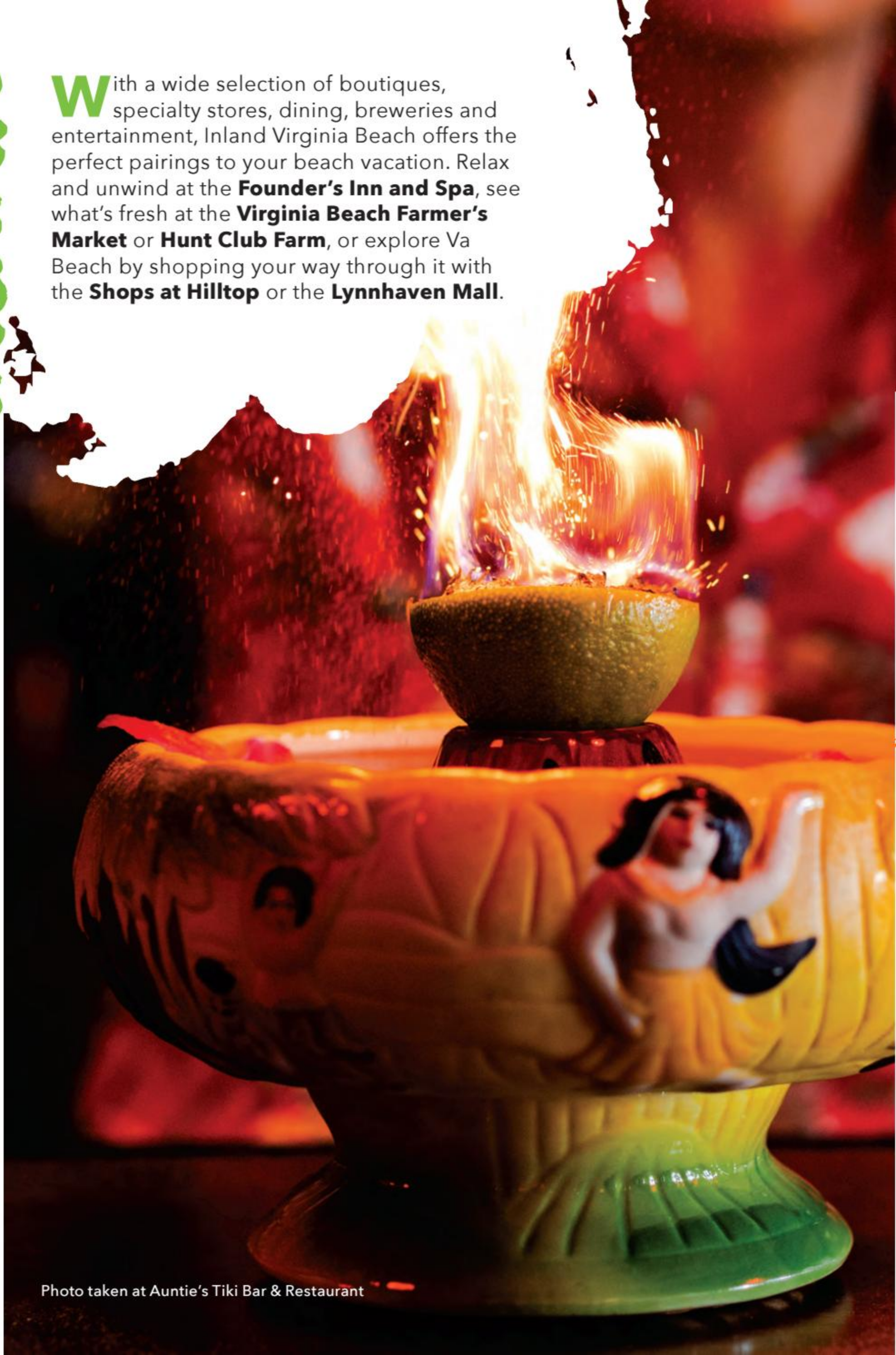


Photo taken at Auntie's Tiki Bar & Restaurant

Things to Do Away from the Beach

From creatively-crafted food and eclectic shopping, to unexpected spots for a little TLC, Virginia Beach's Inland is the perfect compliment to your beach vacation.

FARMHOUSE BREWERY

Farmhouse Brewing, from the folks at Back Bay Brewing, brings a truly unique beer drinking experience to Virginia Beach. Operating out of a restored 1912 inland farmhouse, the Farmhouse brings locally-sourced brews and ciders to our coastal city. With tasting rooms upstairs and downstairs, food trucks, a farmers market and an acre and a half of fig gardens, blueberries, hops and other ingredients that will be used in their beers, this place has it all.

TOPGOLF

Swing into your day with brunch and a couple rounds of Topgolf. If you've never been to Topgolf, you definitely need to give this game a try. No matter how high your handicap is, Topgolf has a variety of games that are enjoyable for any skill level. We like going early - the rounds are cheaper before noon, the crowds are smaller, and their brunch is killer.

FLOWERING ALMOND SPA

While lounging on the beach can seem like the peak of relaxation, take your R&R up a notch with some pampering at the Flowering Almond Spa, located at The Founders Inn hotel. Treat yourself right and opt for the Flowering Almond Manicure Indulgence, which comes with a relaxing hand massage with anti-aging lotion, nourishing Jojoba oil, and Vitamin E, in addition to the traditional manicure experience.

WASSERHUND BREWING CO.

Refuel with drool-inducing pizza and house-brewed beer at Wasserhund Brewing Company, located within The Shops at Hilltop. We like the smooth, juicy punch of their staple, Doggy Paddle IPA, paired with The Wasserhund—a hand-tossed pizza topped with bratwurst, sauerkraut, and their seasonal beer mustard, made to order in their brick oven.

THE SHOPS AT HILLTOP

Spend an afternoon perusing the Hilltop area, just a few minutes drive from the Virginia Beach Oceanfront. With hundreds of specialty shops, Hilltop is a must-shop. With a selection of over 120 shops, boutiques, and restaurants, The Shops At Hilltop has no shortage of unique, local treasures to take home with you.

MOUNT TRASHMORE PARK

Take to the skies with some kite-flying at Mount Trashmore Park, a renowned park that encompasses 165 acres and is comprised of two man-made mountains, two lakes, two playgrounds, a skatepark and vert ramp, and multi-use paths. The main mountain, Mount Trashmore, now 60 feet in height and 800 feet long, was created by compacting layers of solid waste and clean soil.

AUNTIE'S TIKI BAR & RESTAURANT

While you may have opted to spend some time away from the beaches, that doesn't mean you have to fully avoid our coastal vibes. Themed like the traditional tiki bars of the 50s and 60s, Auntie's mouthwatering, house-crafted classic tiki drinks, and Filipino and Hawaiian-inspired menu, will help you end your Inland day the island way.

TOP FIVE MOST INSTAGRAMMABLE *spots Inland*

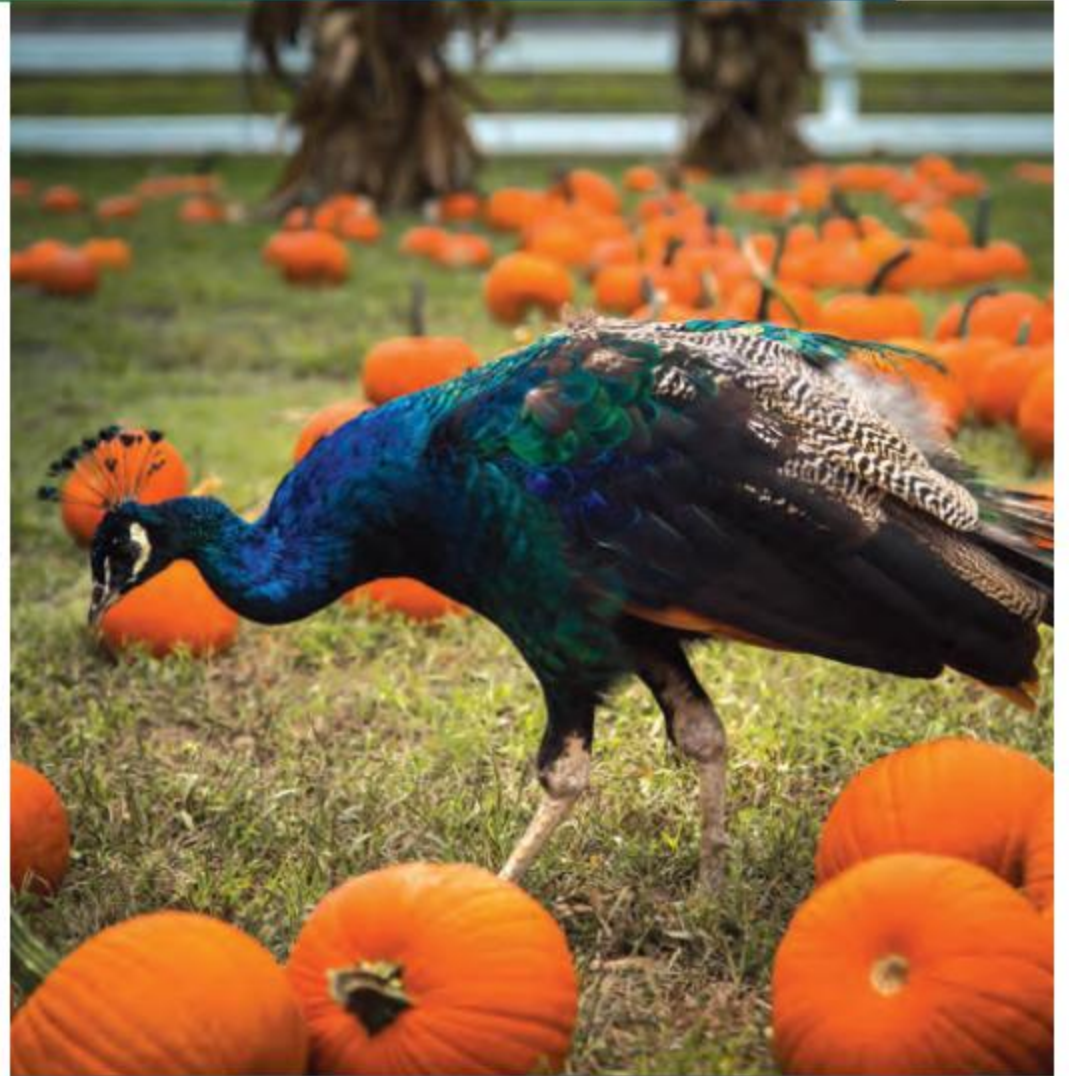


BACK BAY'S FARMHOUSE BREWING CO.

Check out the top five most Instagrammable spots Inland!



MOUNT TRASHMORE



HUNT CLUB FARM



THE FOUNDERS INN AND SPA



STUMPY LAKE

vibe creative district

The ViBe Creative District serves as a vibrant center for various creative industries in Virginia Beach's Oceanfront District and encourages local artists and artisans to inspire each other, their crafts and their community. Locals and visitors can soak in the ViBes at one of the district's monthly **First Fridays** and watch homegrown ideas come to life or experience the weekly **Old Beach Farmers Market** for unmatched local flavor.



Photo taken at Esoteric



TOP FIVE MOST INSTAGRAMMABLE

spots at the Vibe Creative District



VIBE DISTRICT MURALS

Check out the top five most Instagrammable spots at the ViBe Creative District!

